



IR-REFETTORJU
TAL-KĊINA TA' MARTA

A Universal Prayer

We gather here with open hearts.

May we cultivate peace within ourselves,
and may we bring peace to the world around us.

May this food restore our strength and open our
minds to the beauty around us.

We pray for food in a world, where many walk in
hunger.

We pray for faith in a world, where many walk in fear

We pray for friends and family we hold dear

May all beings be well, happy, and peaceful.

We give thanks.