



djakonija parroċi

IL-KĊINA TA' MARTA — IR-REFETTORJU TAL-KĊINA TA' MARTA

2023 statistics



50,000
meals



1,200
hours of
cooking



6,000
hours of
delivering



2,750
hours of
serving

If you wish to donate in kind or organise an event to support Il-Kċina ta' Marta kindly contact us on:



(+356) 2590 6309
(+356) 7982 2886



info@loop.mt

www.loop.mt



IL-KĊINA
TA' MARTA

GHAX JIEN KONT
BIL-ĠUH U TMAJTUNI
(MT 25:35)



IR-REFETTORJU
...TAL-KĊINA TA' MARTA...

LOOP.MT

How to **HELP US HELP**

Kćina ta' Marta depends totally on volunteers and benefactors providing both their volunteering hours, financial support and donations in kind.

In 2023 our meals reached 870 unique beneficiaries, all referred to us by social professionals.

More information and data can be found on loop.mt/kcina-ta-marta



You can also support financially through an online donation

on our APS Account
IBAN: MT36APSB77013000000041233010026
A/c FOSAM LOOP

or through our payment portal on loop.mt/donate

If you wish to organise a food collection or donate food the list below is intended to give you a clearer idea of the ingredients we need the most.

NOTE: *In the case of Food collections where possible please keep in mind that when we cook a recipe, we normally aim to make 150 portions of the recipe, thus larger package options are more suitable - and that also means less waste!*

Dry and Easy Storage Food

- Barley
- Beans
- Chicken Stock
- Coffee
- Couscous
- Farfalle
- Flour
- Help Skimmed Milk
- Kunserva
- Kusksu
- Lentils
- Mixed Herbs
- Olive oil
- Peas
- Penne
- Pennette Rigate
- Pepper
- Polpa
- Rice (Long Grain)
- Salt
- Sugar
- Sugo
- Sweetcorn
- Tea
- Vegetable oil
- Vegetable stock
- Vinegar

Frozen Items

These are items we really appreciate help with but **kindly contact us beforehand**, so as to make sure they are continuously kept frozen.

A good way to help with such items is actually to either support financially or provide us with vouchers that can be redeemed at supermarkets or suppliers selling such items.

While every bit counts and we appreciate every single donation as an important support to our efforts, should it be equal for you, a financial donation does make our life easier.

A financial donation helps us buy the food that was not donated in kind, helps us get more out of the value you donate since we buy wholesale in industrial amounts, provides us with the opportunity to buy frozen food that is impossible to donate in kind through our donation streams.