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volunteers
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LOOP Djakonija Parroċċi
courses for djakonija operators and volunteers
with the Pastoral Formation Institute
pfi.edu.mt



This course will explore the roots of Diakonia in; Sacred Scripture and early Christian communities. Participants will have the opportunity to explore the relationship between Diakonia, faith and prayer whilst delving into key areas of Catholic Social Teaching. Participants will also examine the evolution of Diakonia in Malta and learn about available services.



Solidarity meals are the meals that my friend Marta prepares with the help of many volunteers! **Every year Marta's Kitchen cooks and donates 50,000 meals.** Besides helping Marta with cooking, other volunteers help Marta with delivering the Solidarity Meals to the doorstep of the people who need it! A lot of people help **Kċina ta' Marta**. Especially **The Alfred Mizzi Foundation** who are also her partners. However Marta always need help from the community!

If you know an adult who would like to volunteer let them know they can join Marta's team on loop.mt/join

If you know a company that can help with food donations or a day of help as a team (CSR) they can write to us on info@loop.mt or **79795254**

If you know someone who can help us financially they can **visit loop.mt/donate**



a social enterprise of the coordination of djakonija (services for the poor and needy) in the 70 parishes of the Archdiocese of Malta.
79795254 - 25906309
loop.mt - info@loop.mt - djakonija.org
loop.mt

Martina

LOOP DJAKONIJA PARROĊĊI - loop.mt/martina

Hello tfal! Kif intom?

Kif naħseb smajtu daqt jibda r-Randan. Imma dar-Randan x'ikun eżatt?

Forsi ġieli smajtu lil xi ħadd mill-ġenituri jgħid li l-karozza jmissha s- 'service'. Il-mekkanik jiċċekja l-karozza, jibdel iż-żjut tal-karozza u jekk jinduna li hemm xi haġa mhux f'potha jirrangaha biex hekk il-karozza terġa' taħdem b'mod tajjeb u sigur. U hekk jista' jkun ir-Randan għalina lkoll tfal. Ikun dan il-mument tas- 'service'. Tgħiduli aħna ħa jibdlulna ż-żjut?! U żgur li le! Is- 'service' għalina jfisser li fir-Randan nikber f'tifel jew tifla aħjar kif irid minna lkoll Ġesù. U biex nagħmel dan irrid naħseb fi tlett affarijiet:



li nitlob ftit aktar: bħalma nkun 'looking forward' biex nkellem lill-ħbieb, hekk ukoll nsib ftit ħin ċkejken fejn nkellem lil Ġesù, għax dak hu t-talb nitkellmu ma' Ġesù – ngħidulu 'grazzi' kif ukoll nitolbuh għalina u għall-oħrajn li jkollhom bżonn it-talb tagħna



li nagħti karità: fir-randan naħseb ukoll fil-fqir u l-batut u għalhekk li nkunu mistednin biex jew niġbru xi haġa għalihom jew li nagħtu xi haġa milli għandna li tkun toghġobna u sabiħa (mhux nagħtihom xi haġa kerha u mkissra li nkun xbajt minna!) li tmur biex ngħinu lil dawn in-nies.



li nagħmel penitenza/sagrificċju: mhux bilfors ma nikolx ħelu imma jista' jkun li għandi bżonn inaqqs fuq it-tablet jew minn quddiem it-televixin u f'dan il-ħin nagħmel xi haġa għall-oħrajn bħal per eżempju ngħin lill-ġenituri. Permezz tas-sagrificċju nkun ukoll qed nitgħallem ngħid 'le' lili nnifsi, li jservini wkoll mela biex nitgħallem dejjem iżjed ngħid 'le' għad-dnub.

Forsi U din is-sena ħsibt li ngħinkom ftit tfal! Għandkom issibu l-kalendarju tar-Randan fejn f'kull ġurnata se jfakkarna biex nagħmlu xi haġa li taqbel ma' xi wieħed minn dawn il-punti li ktibtikom. Jekk nimxu miegħu ġurnata b'ġurnata naslu biex niċċelebraw l-Għid il-Kbir ma' Ġesù u tassew nkunu nistgħu ngħidu 'Jien irrid inħobb iktar lil Ġesù!'

Inselli għalikom tfal! Il-mixja tar-Randan it-tajba!

Martina